# Pathways to Care Theory of Change

Goal: To remove barriers and improve access to mental health and addiction services for Black children, youth and their families in Ontario

Aim: To create incremental interventions that encourage readiness for transformational change at the systems level

**Values:** We recognize that all Black children and youth should have access to culturally safe care that considers their social realities and is empowering

Activities

**Impact** 

Output

#### **Policy**

Input:

Pathways to Care Research Staff

**Activities:** 

Input

Systematic Review

Output:

Community Event **Meeting Policy** Stakeholders

Policy Advocacy Document

Impact:

Research mobilizes action towards

Policy

#### Community

Input:

PtC Research Staff & Health

Promoters Core Stakeholder Activities:

Survey Focus Group 1 Output:

Assets Map System Network Map

Peer-to-Peer **Capacity Building**  Impact:

Easier system navigation Increased knowledge

### Institutional

Input:

**Expert Reference** Group Systems

Leadership Table

**Activities:** 

Community Consultations **Output:** 

Sessions specific to youth in systems

Impact:

Easier system navigation Increased knowledge

## Organizational

Input:

Organizational Stakeholders Black Children, Youth, and their Families PtC Health **Promoters** 

**Activities:** 

Focus Group 3

Output:

Organizational **Partnerships** Patient Care Paths Practice

Impact:

Increased capacity of youth mental health services

#### Patient-Provider

Input:

Organizational Stakeholders Black Children, Youth, and their Families

**Activities:** 

Focus Group 2

Output:

Framework

Treatment Protocol Implementation Impact:

Increase in services that are culturally relevant and culturally safe